October 29, 2020

We understand that our students, coaches, and community members want high school sports to return. As we begin to put a plan together to allow for conditioning and practice to begin, health and safety will remain our priority. The Los Angeles County Public Health Department has provided guidance for the restart of youth sports programs, which includes high school sports. This allows for conditioning and skill building for fall sports to begin in the near future. An official start date has not yet been established but will be publicized in the coming weeks. We are developing a return to play plan that will meet all the health guidelines and included here are a few for your review.

- Temperature will be taken before entering the athletic facilities.
- Athletes, coaches, and staff will have to answer a set of questions related to COVID-19 symptoms
- Masks will be worn at all times by those who are not participating in strenuous physical activity
- Physical distancing of six feet between each player and between players and coaches is required.
- All activities will take place outside and locker rooms will remain closed other than for purposes of hand hygiene and restroom use.
- Athletes will need to bring their own water bottles.
- Physicals will be required with a date of May 1, 2020 or later.
  - Physical clearance forms included in Athletic Eligibility Packet

**Athletic Eligibility Packet** must be reviewed, completed and returned prior to first day of conditioning. You may pick one up at the DHS front office or by downloading it from our DHS website at [www.duarteusd.org/dhs](http://www.duarteusd.org/dhs) (click on “Campus Life”, then “Athletics”).

The California Interscholastic Federation (CIF) created a modified season of sport schedule that changed the start and end dates of the sports seasons and combined all 3 seasons into just 2.

- Fall sports include; Football, Volleyball, Cross Country, and Cheer.
- Spring sports include; Soccer, Swimming, Tennis, Wrestling, Basketball, Golf, Baseball, Softball, Track, and Cheer.

Our return to play plan is contingent upon Los Angeles County Public Health orders. Please keep in mind that our county health orders may be more restrictive than surrounding counties and that we will continue to prioritize the health and safety of our students, staff, and community when making decisions. We look forward to seeing our athletes and coaches participating in their sport and we want to thank you for your patience and understanding as we navigate through this process.

Luis Haro
Principal of Duarte High School